

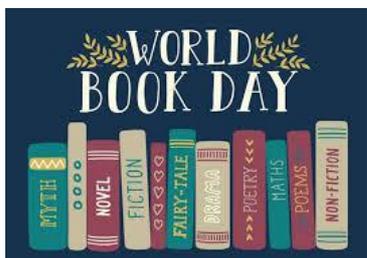


Important Dates:

Date	Who	Detail, Timing and Venue
February		
Fri 27th	All	3pm - Family celebration assembly in the hall.
March		
Thurs 5 th	Ladybirds & Bumblebees	Swimming starts.
Fri 6 th	All	World Book Day – see below.
Tues 10 th	All	FOEBS – Mother's Day shopping – details to follow.
Fri 13 th	R-Y4	3.30-4.30pm FOEBS – school disco- details to follow
Thurs 24 th	Reception	Height and Weight checks in school. Opt out forms were sent home in January.
Mon 23 rd - Thurs 26 th	All school ages	Parent consultation week- details to follow re times and dates for each class.
Fri 27th	All	3pm - Family celebration assembly in the hall.

Celebration Assembly: Please do come and join us tomorrow at 3pm for our end of the month assembly. Remember, we do also celebrate things that the children do outside of school so they can bring in awards etc. in for us to see and be proud of!

Swimming: Bumblebees and Ladybirds start next Thursday. Dragonfly class have finished their lessons and they will be issued with certificates soon.



School Library/World Book Day: We are very excited about our new library opening next Friday when we also celebrate World Book Day. Children can come to school as their favourite book character. We have a special visitor to officially open it for us. A special thank you to Miss Hook for setting this up and working tirelessly to get it off the ground. Our amazing FOEBS have also donated £1000 towards the purchasing of books for our children to enjoy along with donations from parents. Children will be given a £1 world book day token to buy a book or put towards a book of their choice in all participating stores including online shops. FOEBS are also selling Wonka style golden ticket chocolate bars. There are only around 40 bars left if you still want to buy one or more. Details were sent home this week in book bags and via email.



We must say thank you to Mr Phil Collings for pressure washing our sports MUGA and outside trim trail area. He is so kind to do this in his own time to help keep our children safe. You will also see from the playground rolls of artificial grass which Mr George Collins will be installing in his own time over a couple of weekends to replace the worn-out artificial grass area. Thank you both!

Tax-free Childcare – We are in the process of changing the bank account on our tax-free childcare account to The Wessex Learning Trust bank account. **Please do not make any payments from now until we notify you of when this has been updated.** This is only for those parents who use this for wrap around and breakfast club.

Useful Information

Further information can be found on our website: www.eastbrentcofeacademy.co.uk

Our values
'Peace, Endurance, Aspiration, Respect, Love & Service'

Our Christian Value this term
'Respect'

Safeguarding

Safeguarding children is everyone's responsibility. If you are worried about a child, please email

office@eastbrentcofeacademy.co.uk

Designated Safeguarding Lead:
Katie Whiting

Reporting Absence

If your child is feeling unwell, please contact the school office on 01278 760490 or email using the school email address: -

office@eastbrentcofeacademy.co.uk

Current Job Vacancies within WLT

Please visit the Wessex Learning Trust website for all current vacancies [HERE](#)

East Brent CofE Academy
Church Road, East Brent
Somerset, TA9 4HZ

Main Office: 01278 760490

Email:

office@eastbrentcofeacademy.co.uk

Attendance Round up

Ladybird Class: 97.3%

Bumblebee Class: 96.5%

Dragonfly Class: 96.2%

Whole School: 96.5%



Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

Buy Milk

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety
#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2024

Useful Information

Further information can be found on our website: www.eastbrentcofeacademy.co.uk



Part of the
Wessex
Learning Trust